## **Pymble Swimming**

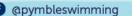


#### COMPETITION STREAM HOLIDAY PROGRAM TIMETABLE – Week 2 Monday 7 Oct 2024 – Saturday 12 Oct 2024

Competition Stream		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Mini	AM	Public Holiday	9:00am to 10:00am	9:00am to 10:45am (Inc. Race League and Breakfast)	9:00am to 10:00am	9:00am to 10:00am	No Training	
Level 1	PM	No Training						
Star	AM	Public Holiday	8:30am-10:00am (Inc Activation)	8:30am-10:45am (Inc. Race League and Breakfast)	8:30am-10:00am (Inc Activation)	8:30am-10:00am (Inc Activation)	No Training	
Level 2	PM	No Training						
Cadet	AM	Public Holiday	7:00am-11:30am Swim Camp	7:30am-11:30am (Inc Race League and Breakfast)	7:00am-11:30am Swim Camp	7:00am-11:30am Swim Camp	No Training	
Level 3	PM	No Training						
Engine	AM	Public Holiday	6:00am-9:00am (Activation + Activity)	6:00am-9:00am (Activation + Activity)	6:00am-9:00am (Activation + Activity)	6:00am-9:00am (Activation + Activity)	No Training	
Level 4	PM	No Training	3:00pm-5:30pm (Inc. Gym)		3:00pm-5:30pm (Inc. Gym)		No Training	
Pride	AM	Public Holiday No Training	6:00am-9:00am (Activation + Activity)	6:00am-9:00am (Activation + Activity)	6:00am-9:00am (Activation + Activity)	6:00am-9:00am (Activation + Activity)	No Training	
Level 5	PM		3:00pm-5:30pm (Inc. Gym)		3:00pm-5:30pm (Inc. Gym)			









### **Pymble Swimming**

# Pymble Ladies' Gollege

#### SWIM STREAM HOLIDAY PROGRAM TIMETABLE— Week 2 Monday 7 Oct 2024 – Saturday 12 Oct 2024

Swim Stream*		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim Junior	АМ	Public Holiday No Training	10:30am-11:30am	10:30am-11:30am	10:30am-11:30am	10:30am-11:30am	No Training
Rec 1	PM						
Swim Fit	АМ	Public Holiday No Training	10:30am-11:30am	10:30am-11:30am	10:30am-11:30am	10:30am-11:30am	No Training
Rec 2	PM						
Swim Sport	АМ	Public Holiday No Training	9.00am to 10.30am	9.00am to 10.30am	9.00am to 10.30am	9.00am to 10.30am	No Training
Rec 3	PM						

- \*Swim Stream Pymble students and their siblings only
- No competitive or swim stream squad training on Public Holiday Monday 7 October 2024, Labour Day

Updated 26 August 2024